

## Cancer Nurses Society of Australia Annual Report 2009 – 2010

The CNSA is committed to achieving and promoting excellence in cancer care through the professional contribution of nurses

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## **Mission Statement**

The Cancer Nurses Society of Australia is committed to achieving and promoting excellence in cancer care. CNSA achieves this by providing leadership to the nursing profession by advocating for effective cancer control policy and supporting the delivery of quality nursing care.

## Strategic Objectives 2009 - 2011

- 1. To ensure the financial viability and growth of the CNSA which will ensure it continues to provide a range of valued services to its member base.
- 2. To effectively resource the work of the CNSA and prioritise strategic yet achievable outcomes.
- 3. To foster greater input into cancer control policies and to broaden our relationships.
- 4. To facilitate cancer nurses' professional learning and development through enhancing opportunities for research and education related to cancer control.
- 5. To ensure the growth of the CNSA membership which will ensure it is able to continue to provide a range of valued services for cancer nurses.
- 6. To grow the capacity of CNSA to provide valuable services to members at the regional and rural level.

## **CNSA National Executive**

Mei Krishnasamy (Chair, from Jan 2010) Gabrielle Prest (Chair, Jan 2007 to Dec 2009, ex-officio NEC position, Jan to Dec 2010) Donna Milne (Vic, Deputy Chair, from Jan 2010) Catherine Johnson (NSW, Deputy Chair, Treasurer, Jan 2008 to Dec 2009) Anne Mellon (NSW, from Jan 2010) Glennys Stallan (Qld, Jan 2008 to Dec 2009) Alexandra McCarthy (Qld, from Jan 2010) Julie Clowry (ACT, Jan 2008 to Dec 2009) Megan Nutt (ACT, Treasurer, from Jan 2010) Megan Plaster (WA, Jan 2006 to Dec 2009) Sandy McKiernan (WA, from Jan 2010) Tracey Doherty (SA, from Jan 2010) Louise Nicholson (Tas, continuing from Jan 2008) Letitia Lancaster (ex-officio position, ISNCC Regional Representative, from Sept 2008)

## Chair's Report

It has been a great privilege to have led the Cancer Nurses Society of Australia over the last three years and I thank those who have given so readily of their time and expertise to the mission of your Society. This formal and informal input has made the work of the National Executive Committee more fruitful and has ensured a broader reach and greater outcomes for us.

The Cancer Nurses Society of Australia is committed to achieving and promoting excellence in cancer care through the professional contribution of nurses. The CNSA was formed in November 1998 to provide Australian cancer nurses with opportunities for networking and support and to provide a voice to enhance the nursing contribution to cancer care at local, national and international levels.

I welcome the new incoming members of the NEC: the Chair, Mei Krishnasamy, Sandy McKiernan (WA), Tracy Doherty (SA), Donna Milne (Vic), Sandie McCarthy (Qld), Megan Nutt (ACT) and Anne Mellon (NSW). It is very encouraging to see this strong representation from around the states and territories – ensuring solid connections with nurses in cancer care.

The following report to the Society's membership provides an annual overview of CNSA activities and achievements for our annual report period 1 April 2009 – 30 March 2010. The report is structured around a new strategic plan developed by the CNSA National Executive Committee in early 2009, to set out the directions for the Society for 2009 - 2011. Essentially the aims are to continue to grow and resource the CNSA, to broaden our relationships, to enhance cancer nurses opportunities, and to further enhance services to all our members.

Perhaps the most pleasing outcome during my tenure was seeing two of Australia's leading nurses in cancer and palliative care (Professors Sanchia Aranda and Patsy Yates) recognised by the CNSA's Excellence Award and by Clinical Oncology Society of Australia's Tom Reeve Oration, respectively. It was so important to see their input and leadership (both sustained over many years) recognised not only by their nursing peers but by all professionals in cancer care.

I'd like to share just a few highlights with you (you will see further detail in reports from respective participants in this annual report).

- As a partner in the National Cancer Nursing Education Project (EdCaN), the CNSA Winter Congress in 2009 saw the final launch of the completed EdCaN resources by Professor David Currow and Dr Ian Roos. Apart from the significant Commonwealth investment in EdCaN, we know that many nurses have given considerable input into this important project over the last 3 years and it has been very satisfying to see the final outcomes.
- The Grants and Awards scheme and the portfolio enabled 7 nurses to attend meetings, funded to the tune of \$18,000.00.
- An important development from the strategic planning activity was to progress the establishment of a Clinical Practice Committee and a Research Committee as standing committee's of the NEC. The aim of the Clinical Practice Committee is to promote excellence in cancer care through enabling CNSA members to access and use evidence to inform their practice. The Research Committee was established to facilitate cancer nurses' professional learning and development through promoting opportunities for research related to cancer control; to set strategic direction for CNSA endeavors in research; to identify priority research areas and foster collaboration in the cancer nursing research community.
- Our first regional location for the 2009 12<sup>th</sup> Winter Congress was in the Hunter Valley in Newcastle, and was a success for the organisation, with our greatest number of registrants to date. A key event at this meeting was the launch of the CNSA's Position Statement on Smoking Cessation and Tobacco Control, an important initiative in the context of an increased focus on better outcomes for people with lung cancers and the move by nurses to address these issues collectively (for both malignant and non-malignant diseases of the lung).
- Louise Nicholson led a working party to review the CNSA's Position Statement on Minimum Education and Safety Requirements for Nurses Involved in the Administration of Cytotoxic Drugs. These will be launched at the 13<sup>th</sup> Winter Congress in Perth, in July 2010.
- The biennial international meeting of the International Society of Nurses in Cancer Care (ISNCC) was held earlier this year from 7<sup>th</sup> to 11<sup>th</sup> March in Atlanta, Georgia, USA. I had the opportunity to participate in the international selection panel for the suite of awards such as the Past Presidents Awards and the Travel Scholarships for nurses from developing countries which the CNSA has sponsored in the past.
- In a move of key positions, Nicole King assumed the role as Chair of the CNSA Education Committee. We thank Sandie McCarthy for her initial stewardship of this important arm of the society.
- The CNSA "Award for Excellence" recognises excellence in leadership, research, clinical practice and/or education. The inaugural award was announced early in 2009 and the successful recipient, Professor Sanchia Aranda, was recognised at the Winter Congress dinner in June 2009. Professor Aranda's contribution to the advancement of cancer nursing both here in Australia and internationally is

significant. Her achievements include the generation of new knowledge through internationally recognised randomised controlled trials; the translation of evidence into practice through innovative implementation studies; joint leadership of the EdCaN project with Professor Patsy Yates; Presidency of the ISNCC and contribution to national and international strategic cancer plans and frameworks.

- Many nurses enthusiastically participate in the CNSA Radiation Oncology nursing and Breast Cancer nursing Special Interest Groups (SIGs) and the activities they organise. The SIGs engage nurses from across Australia and are committed to service enhancements that have a direct impact on patient outcomes. Details of their activities are presented later in the report.
- Additionally, and perhaps most importantly as I have stressed on many occasions, significant numbers of cancer nurses band together through our CNSA Regional Groups this is where local nurses benefit most from their CNSA membership. We know that regional groups wax and wane over time as different committees and leaders come through. Passion at the local level helps drive these important local opportunities for connection and professional development. An example of this is the leadership seminar hosted by the Perth and Environs Regional Group, sponsored by EdCaN, to address regional (southern WA) learning, professional development and networking, held in 2009.
- CNSA members have contributed or represented the CNSA in many other activities, including:
  - Participating in the COSA multidisciplinary working group to develop guidelines for nutrition in head and neck cancer patients. Whilst Megan Nutt (ACT) is our representative to this group – we were overwhelmed with offers of input from many nurses around Australia for this well needed focus, hence a broader reference group will provide important back-up for Megan.
  - Engaging again with AMGEN in the Titan project, commencing in May 2009, which addresses care and management of people experiencing myelosuppression. Thanks to my co-facilitators: Nicole King and Sandie McCarthy.
  - We are represented by Jenny MacIndoe and Sholeh Boyle on an NBOCC working party on the use of hypofractionated radiotherapy for the management of advanced breast cancer and the use of bisphosphonates in early and advanced breast cancer respectively.
  - Pauline Thompson is involved in a Prostate Cancer Foundation project on developing a larger role for nurses in the care of men with Prostate Cancer.
  - Catherine Johnson represented the CNSA at the COSA 'Clinical-Industry Forum' in October 2009 in Sydney to explore how best to work with the pharmaceutical industry into the future.

We look forward to catching up with CNSA members old and new, and nurses in cancer care more broadly, at the CNSA's 13<sup>th</sup> Winter Congress in Perth in late July 2010, led by Lucy Patton as Chair of the Local Organising Committee.

The commitment and voluntary input of the National Executive is of tremendous importance to the success of the society and so as I handover to Mei and the NEC, I say a very heart-felt "thank you" to members who completed their term with me at the end of 2009: Catherine Johnson (NSW), Megan Plaster (WA), Glennys Stallan (Qld), Julie Clowry (ACT), and I wish continuing member on the committee, Louise Nicholson (Tas), another successful term.

Gabrielle They

Gabrielle Prest, outgoing Chair, CNSA 2007 – 2009

www.cnsa.org.au

## Objective:

# 1. To ensure the financial viability and growth of the CNSA which will ensure it continues to provide a range of valued services to its member base.

## **Financial Report**

Catherine Johnson (NSW, CNSA National Executive Committee Member) served as Treasurer for the Society from April 2009 until January 2010. Megan Nutt served as Treasurer from January 2010 until the close of the financial year with assistance provided by staff at The Cancer Council Australia/COSA office.

Our 2009-2010 financial operations produced a surplus of \$5,352.00 (2009: surplus \$13,509).

Aspects to note on this revenue include:

Revenue from members for CNSA was \$87,042, comprised of subscription and other income, educational material, general donation, net income from Winter Congress and interest income.

Income amounting to \$77,273 was collected and forwarded to COSA for membership fees. The amount forwarded to COSA can vary from year to year depending on the timing of membership fees paid.

The success of the CNSA Winter Congress held in Newcastle, New South Wales in June 2009 contributed \$13,626 to our result for the year.

Although the financial position of CNSA remains healthy with a total equity of \$455,752, there has been a net decrease in cash flows from operating activities of \$31,368 for the financial year.

A Statement of Comprehensive Income, a Statement of Financial Position, a Statement of Changes in Equity, a Cash Flow Statement and detailed summary are included with this report for your further information. Thank you to The Cancer Council Australia and its finance staff for their ongoing support.

## Megan Nutt, Treasurer CNSA/NEC Representative (ACT)

Catherine Johnson, past Treasurer, CNSA

## Objective: 2. To effectively resource the work of the CNSA and prioritise strategic yet achievable outcomes.

## Management Effectiveness: Strategic Report

The CNSA NEC works to deliver to its members a strong and vibrant Society. Inherent to the success of this key deliverable are a series of key strategic objectives that guide the NEC's governance and business decisions and actions.

Three of the key strategic objectives are outlined below and ways in which they are being met, described. Details of the strategic objectives for all of the key areas of focus for the CNSA can be found in the Strategic Plan for 2009-2011 <u>http://www.cnsa.org.au/documents/july2010/CNSAStrategicPlan2009-2011.doc</u>

Raising the profile and outputs of National Executive Committee (NEC) members to personalise the management of CNSA:

During 2009-2010, the CNSA Newsletter has undergone a change in style and presentation. The profile of the NEC members is more widely advertised and their engagement in domains of activity linked to all areas of NEC work is promoted. This helps members across Australia know of and how to engage with the breadth of CNSA activities. Similarly the profile of Regional and SIG Chairs is promoted and a series of expressions of interest to attract members to specialist groups and committees have been published in the Newsletter throughout 2009-2010. Details of these opportunities are reported throughout the body of this report.

To provide a mentorship program between exiting CNSA Executive members and incoming CNSA Executive members and provide/promote opportunities for leadership development within the CNSA National Executive Committee:

In February 2010, the outgoing NEC spent two days at the Clinical Oncology Society of Australia (COSA) offices in Sydney, with the new members of the CNSA NEC. These two days were filled with details of the history and achievements of the Society as well as focusing on looking to the future. The mentorship and leadership offered during these two days was invaluable. The outgoing NEC gave of their time and experience readily and have continued to do so long into the term of the new NEC. Issues of governance, constitution and financial management are all often very new to NEC members. Without this key strategic objective, ensuring ongoing efficiency of the CNSA would prove to be a daunting undertaking. Evidence of the many and varied opportunities for leadership and professional development through the NEC and other key committees are highlighted throughout this report.

Provide/promote opportunities for CNSA Executive Committee members to be involved in government cancer policy decisions:

CNSA is recognised as the peak cancer nursing group in Australia. Once again, throughout 2009-2010, CNSA NEC members have been invited to participate in and contribute to government cancer policy statements. The views of our members are sought and valued. Evidence of the level and quality of our engagement is presented on page 11 in the submission prepared by Anne Mellon (NEC member for NSW) to the development of the NSW Cancer Plan 2011-2015.

## Mei Krishnasamy, incoming Chair, CNSA 2010

## Objective: 3. To foster greater input into cancer control policies and to broaden our relationships.

## **ISNCC Report**

The International Society of Nurses in Cancer Care is the international voice of cancer nurses; improving standards of cancer care through the provision of education, research and training using international expertise. CNSA is a full member of ISNCC.

In 2009 member societies voted for a constitutional change that has allowed for the establishment of a smaller 'expert' Board with members representing particular portfolios and a larger Member Council with representatives from all member societies. The Board is currently in a transition process with half the Board members providing the former regional representation and the other half assuming specific portfolios. The transition to a Board based on portfolio representation will be completed by 2012.

Outcomes for the Board elections for 2010 are as follows:

- Catherine Johnson Australia
- Esther Green Canada
- Auxilia Chideme-Munodawafa Zimbabwe

Members of CNSA who are currently ISNCC Board Members are:

- Sanchia Aranda President
- Patsy Yates Secretary/Treasurer
- Tish Lancaster
- Catherine Johnson

ISNCC successfully hosted the 16<sup>th</sup> International Conference on Cancer Nursing in March 2010 in Atlanta, USA. Tish Lancaster was a member of the Scientific Planning Committee and Patsy Yates a member of the Conference Management Committee.

## Tish Lancaster, Member - ISNCC Board of Directors

## **Clinical Oncology Society of Australia (COSA) Report**

The CNSA has an important relationship with COSA as the peak body for all health professionals and scientists in cancer care. The Chair of the CNSA is a permanent member of the COSA Executive Council – in recognition of the significant numbers of nurses who are members of COSA. Crucial relationships and engagement are forged through this membership that enables participation of nurses in COSA activities. The COSA special interest groups links on the COSA website offer an opportunity for CNSA members to contribute their views to COSA's activities and to engage with nurses from across Australia who are also members of COSA.

COSA has experienced a great resurgence in the last couple of years and its Annual Scientific Meeting (ASM) has grown to become an extraordinary meeting again. The NEC strongly encourages all CNSA members to be more aware of the breadth of COSA's projects and opportunities (e.g. Grants and Scholarships) advertised in the regular Marryalyan Newsletter sent out as part of your CNSA/COSA membership. Each year, a member of CNSA works as part of the COSA ASM planning committee.

COSA has continued its support of cancer care coordinators with a pre-conference workshop at the 2009 ASM, as well as working with Queensland Health to support the Care Coordinators Conference on the Gold Coast in March 2010. A report of the outcomes from the conference is available on the COSA website. Almost 200 delegates met at the Gold Coast, with a very large CNSA contingent present as speakers and participants. It was a productive meeting that focussed on the importance of role evaluation for cancer care coordinators. CNSA members have an important role to play in the evolution of care coordination roles across Australia. In 2010, the CNSA NEC will continue to work to support the linkages between its members and the COSA care coordination group.

CNSA was represented on a working party to review the COSA constitution by Gabrielle Prest. Changes to the COSA constitution will go to the membership for consideration during 2010.

## Gabrielle Prest, outgoing Chair, CNSA 2007 - 2009

Mei Krishnasamy, incoming Chair, CNSA 2010

## **CNSA Representational Activities Report**

CNSA members continue to represent the Society on a variety of working groups and research initiatives. Their expertise is sought across a range of cancer-related issues and several members of CNSA contribute to important and influential committees across Australia.

Pauline Thomson represents CNSA on the Prostate Cancer Foundation of Australia (PCFA) project. Pauline coordinates a group formed in 2009, under the auspices of the PCFA, to explore the potential to develop the role of nurses in the care of men with Prostate Cancer. The aims include 1) the development of a cohesive, innovative Prostate Cancer Nurse role; 2) the implementation of the role; and 3) the development and roll-out of educational resources to increase nursing knowledge and exposure to best practice management and support of men with prostate cancer, ultimately improving the quality of care provided to these men.

To date, three levels of educational opportunities have been developed.

The first opportunity is funding for 50 nurses to attend the PCFA Advancing Quality of Life National Conference 2010.

The second opportunity is the PCFA Nurses Education Grant, to provide registered nurses from across Australia with the opportunity to advance their knowledge and skills in the field of prostate cancer nursing, by providing financial assistance to enroll in a post-graduate education program with a focus on prostate cancer nursing.

The third opportunity is the PCFA Nursing Internship Grant. This grant provides funding for the successful applicant to travel and spend time in a major urological or oncology department of their choice, where they can examine and refine their nursing practice in the field of prostate cancer care. All the educational opportunities are currently available on the PCFA website, just clink on the link below <u>http://www.prostate.org.au/articleLive/pages/Health-Professionals.html</u> these projects have been fully funded by the PCFA.

Megan Nutt is the CNSA representative to the COSA and Cancer Institute NSW project group working to develop "Evidence Based Guidelines for Nutritional Management of Patients with Head and Neck Cancer".

In July 2009, a project began to develop national evidence based guidelines for the nutritional management of patients with head and neck cancer. Development of a national evidence based document will provide clinicians involved in the care of this complex population with a clinical tool to guide decision making. It is intended to enhance multidisciplinary (MDT) care and improve patient outcomes across Australia. The project is managed by Teresa Brown from the Royal Brisbane and Women's Hospital in Queensland, and has been made possible with funding from the Cancer Institute NSW Oncology Group Head and Neck (NSWOG H&N), administered through the Clinical Oncology Society of Australia (COSA).

A Multidisciplinary Steering Committee was formed to provide expert advice regarding the nutritional issues and evidence based interventions related to the care of patients with head and neck cancers. The membership of this Committee comprises Dietitians, Surgeons, Medical Oncologists, Radiation Oncologists, Cancer Nurse Care Coordinators (CNSA Rep), Palliative Care and Psycho-oncology Representatives, Social Workers, Pharmacists, Speech Pathologists, the CEO Cancer Council Australia, Radiation Therapists and a Consumer. This group met in November 2009 to discuss the project plan outline and agree Terms of Reference. Two further meetings will be held in 2010 for consultation and consensus purposes and two meetings are scheduled for 2011 to occur in the final endorsement stages.

Phase 2 of the project has commenced, involving literature searching, retrieval and appraisal by the Project Dietitian and Dietitian Subcommittee. These results will be collated into evidence based statements and recommendations and put to the Multidisciplinary Steering Committee later this year for review. There will be broad consultation with health professionals to develop consensus-base recommendations. This work will become Suggestions for Clinical Practice in the final guideline document. Draft guidelines will then be circulated to the Multidisciplinary Steering Committee under Phase 3 and then on to independent peer review in early 2011.

The desired outcomes will be endorsed national guidelines by COSA, CINSWOG (H&N) and the Dietitian Association of Australia, and publication.

Sholeh Boyle represents CNSA on the Bisphosphonates Working Group of the National Breast and Ovarian Cancer Centre (NBOCC). The NBOCC has established multidisciplinary working groups to review and update the NBOCC Clinical practice guidelines for the management of early breast cancer (second edition) and Clinical practice guidelines for the management of advanced breast cancer. The initiative is led by The Director of the NBOCC, Dr Helen Zorbas. The work of this group commenced in December 2009 and it is anticipated that the guideline recommendations will be developed by early 2011. During this time, working group members have been invited to attend meetings (via teleconference or face-to-face) and have been required to review project documents outside scheduled meetings.

The first meeting of the Bisphosphonates Working Group took place on 2<sup>nd</sup> February 2010, and was a productive meeting highlighting areas of proposed research including:

## The role of bisphosphonates for women with early breast cancer on:

- disease-free survival
- overall survival
- adverse events
- type of recurrence (bone metastases or other metastases)
- quality of life
- bone health (bone mineral density/number, type of skeletal events, fractures)

## The impact of bisphosphonates for women with advanced breast cancer on:

- overall survival
- overall response rate
- adverse events (e.g. toxicities or osteonecrosis of the jaw)
- type of progression (bone metastases or other metastases)
- quality of life
- bone health (bone mineral density/number, type of skeletal events, fractures)
- bone pain

Systematic evidence reviews are scheduled to be completed by early June 2010 and it is anticipated that the guideline recommendations will be developed by early 2011. These topic-specific guideline recommendations developed for breast cancer in areas of changing evidence will result in changes to current NBOCC recommendations for better patient management outcomes. For more information visit the NBOCC website at <u>http://www.nbocc.org.au</u>.

## Mei Krishnasamy, incoming Chair, CNSA 2010

## CNSA Contribution to State/Commonwealth Strategic Documents Report

The CNSA works on behalf of its members to ensure the views of cancer nurses are represented at State and Commonwealth level.

The CNSA recently contributed comment on the NSW Cancer Institute's Cancer Control Plan, particularly encouraging input from the state's regional group chairs and committees. The full document is located at: <a href="http://www.cnsa.org.au/documents/march\_2010/CNSA%20Submission%20NSW%20CancerPlan.doc">http://www.cnsa.org.au/documents/march\_2010/CNSA%20Submission%20NSW%20CancerPlan.doc</a>

An extract from the submission is presented below:

"The CNSA supports the Cancer Institute NSW in the development and implementation of the NSW Cancer Plan 2011-2015. The CNSA recognises the significant impact that the Cancer Institute has already made since it delivered its first statewide cancer plan in 2004 and its second in 2007, resulting in major improvements in cancer prevention. The CNSA supports the aims of the NSW Cancer Plan 2011-2015 to reduce the incidence of cancer, improve the lives of people with cancer and ultimately save lives.

#### Tobacco Control

Tobacco control programs are the most successful of all cancer prevention programs. Despite this, smoking remains the leading preventable cause of death and disease in Australia today. NSW has a 19% daily smoking rate<sup>1</sup> and one in five of all cancer deaths is still caused by smoking.<sup>2</sup> Having already achieved reductions in smoking rates through previous tobacco control initiatives the CNSA strongly advocate that the NSW government continue its commitment to decreasing these figures. Smoking cessation has major and immediate health benefits for men and women of all ages, in addition to reducing cancer risk. For maximum success, tobacco control initiatives must be aimed at children and young people, and CNSA recommends that school and higher education based initiatives be resourced to impart non smoking ideals at an early age. Evidence worldwide demonstrates that indigenous populations require specific anti-smoking strategies to reduce the burden of ill health caused by tobacco consumption. Smoking rates amongst indigenous populations in Australia, already known to be disadvantaged from a health perspective, have remained unchanged for many years. The CNSA will advocate for and support any initiatives instigated by the NSW government to assist in tobacco control, as is evident in their statement on Tobacco Control and Smoking Cessation.<sup>3"</sup>

Through our membership of COSA Council we also have significant opportunity for input into reports and submissions to the Commonwealth Government. Of particular satisfaction are the results of collective lobbying for the last couple of years for better funding and resourcing for regional cancer services – hence the recent round of new funding for new capital works to address regional and rural cancer needs.

In 2009 the CNSA endorsed the Coalition of National Nursing Organisations (CoNNO) position paper on the role of nurses in primary health care, at a time when the Commonwealth Government, through its Hospitals and Health Reform Commission in particular, appeared to be seriously considering the need to strengthen primary care resources.

Refs:

- 1. NSW Department of Health 2009. Tobacco. Statistics. http://www.health.nsw.gov.au/public-health/health-promotion/tobacco/statistics.html
- 2. The Australian Lung Foundation 2009. Lung Cancer Statistics. http://www.lungfoundation.com.au
- The Cancer Nurses Society of Australia 2009. Cancer Nurses Society of Australia Position Statement on Tobacco Control and Smoking Cessation. <u>http://www.cnsa.org.au/publications\_policies\_pub.htm</u>

#### Mei Krishnasamy, incoming Chair, CNSA 2010

**Objective:** 

4. To facilitate cancer nurses' professional learning and development through enhancing opportunities for research and education related to cancer control.

## **Education Committee Report**

## Activity:

- The Education Committee was represented at the National Executive Committee meeting held in February 2010. This meeting provided an opportunity to liaise with the National Committee members and explore the role and relationships of the standing committees of the CNSA moving forward.
- The Education Committee reviewed and made recommendations for a number of key documents including:
  - CNSA Research Committee Terms of Reference
  - CNSA Clinical Practice Committee Terms of Reference
  - CNSA Position Statement on Minimum Education Requirements for Nurses involved in the Administration of Anti-Cancer Drugs
  - CNSA Position Statement on Minimum Safety Requirements for Nurses involved in the Administration of Anti-Cancer Drugs
  - CNSA Strategic Plan
  - ANMC Document: A Nurse's Guide to Professional Relationships
  - Recognition of Specialist Cancer Nursing A Scoping Document
- Nicole King, Alexandra McCarthy and Alayne Reid represented the CNSA Education Committee at various times throughout the year at Cancer Learning Advisory Committee meetings. Major reporting items include (full agenda items available):
  - Ongoing Cancer Learning website updates
  - Update of newly available courses/resources
  - Cancer Australia to conduct a review of resources under its umbrella by end of June-Survey to Registered Users of Cancer Learning site
  - Cancer Learning will investigate acquisition of continuing education points Cancer Learning areas and accreditation from organisations like RCNA
- The Education Committee also had two faculty members (Nicole King and Alexandra McCarthy) appointed to deliver the TITAN (Training Initiative in Thrombocytopenia, Anaemia and Neutropaenia) one-day course in Sydney in May 2009. The content of this CNSA-supported workshop is challenging, interesting, relevant to all cancer nurses and is very up to date. It is complemented by opportunities for participants to undertake projects to improve cancer nursing delivery within their own organisations, with advice and support readily available from the TITAN sponsors, **Amgen**. I encourage members to think about applying to have a TITAN course run in their facility.

## Alexandra McCarthy, outgoing Chair, Education Committee/NEC Representative (Qld)

## Nicole King, incoming Chair, Education Committee

## **Grants and Awards Committee Report**

The Grants and Awards Committee provides support for cancer nurses to undertake nursing research through the provision of Research Grants and for further educational activities through the provision of Travel Grants and administration of the Pam Renouf Memorial Study Award scholarship program.

Members of the Grants and Awards Committee for the reporting period were:

- Leanne Monterosso (WA Chair from January 2009)
- Gabrielle Prest (NSW ex-officio)
- Donna Milne (Vic)
- Sandie McCarthy (Qld)
- Meg Plaster (WA until May 2009)
- Lisa Sheeran (Vic)
- Annette Dahler (ACT)
- Judy lasiello (SA)
- Sandy McKiernan (WA)
- Elisabeth Black (NSW from May 2009)
- Diana Moore (Qld from May 2009)
- Sue Perrot (Qld from May 2009)
- Christine Long (Qld from May 2009)
- Angela McClelland (NSW from May 2009)
- Ray Chan (Qld from May 2009)

## **CNSA Travel Grants**

A total of \$18,000 was awarded in grants for the reporting period; \$6,300 in Round 1 and \$11,700 in Round 2. Unused CNSA Research Grant funding for 2009 was also used to fund Round 2 grants. The following people were successful grant applicants:

## **CNSA Travel Grant for New Cancer Nurse**

No grant awarded 2009

## **Ipsen Travel Grant Award**

Hayley Mangion (Vic)

## Ipsen Best Poster, Winter Congress

Pauline Tanner (WA)

## Ipsen Best First Time Presenter, Winter Congress

Michael Bishop (Qld)

CNSA is appreciative of the generous support of our industry sponsor Ipsen.

## **CNSA Travel Grant Round 1**

- Sharon De Graves (Vic)
- Elizabeth Ivimey (NSW)

## **CNSA Travel Grant Round 2**

- Tish Lancaster (NSW)
- Kerin Young (WA)
- Ann Williamson (Vic)
- Pauline Tanner (WA)
- Jacqueline Jagger (NSW)

#### **CNSA Research Grants**

No applications received

## Pam Renouf Memorial Study Award Scholarships

- Grants were advertised for the first time in August 2009 and administered by CNSA on behalf of the Renouf family
- Grants will now be advertised annually (due date 30 August)

\$12,000 was awarded for the reporting period. The following people were successful grant applicants:

## **Category A**

Shannon Philp (NSW)

## **Category B**

No applicants

## Category C

- Keith Cox (NSW)
- Jayne Maidens (NSW)

## New Committee Members

Six new members were appointed

## **Resignations**

- Tish Lancaster resigned as Chair
- Meg Plaster resigned as Member

The Committee is appreciative of these members' contribution and dedication during their respective terms.

## <u>Awards</u>

Applications were prepared on behalf of the National Executive Committee for the following CNSA members:

- Professor Sanchia Aranda CNSA Award for Excellence
- Professor Patsy Yates COSA Tom Reeve Oration Award

Both applications were successful and the Committee extends their congratulations to both awardees.

## **Reviews**

The Committee reviewed research documents and surveys related to the following areas of cancer care, with a view to circulation to the CNSA membership:

- Chemotherapy induced nausea and vomiting
- Clinical trials
- Prostate cancer
- Psychosocial care

The Committee reviewed the following CNSA and external agency documentation:

- Terms of Reference for the Grants and Awards Committee, Research Committee and Clinical Practice Committee
- Guidelines for CNSA Travel and Research Grant applications
- Terms of Reference and Guidelines for Pam Renouf Memorial Study Award Scholarships
- ANMC Consultation on Professional Boundaries Guidelines

## Leanne Monterosso, Chair, Grants and Awards Committee

## 12<sup>th</sup> Winter Congress 2009 Report

In 2009, the Hunter Valley Group of the Cancer Nurses Society of Australia (CNSA) hosted the 12<sup>th</sup> CNSA Winter Congress, "Heart Mind and Voice: A Shared Vision" at the Newcastle City Hall in Newcastle, New South Wales. We were very privileged to have two keynote speakers, Professor Sara Faithful and Ms Nancy Smith Teixeira.

Nancy Smith Teixeira, an experienced critical care nurse and cancer survivor form Milford, Connecticut, USA gave us an insight into the patient's experience of Carcinoid Cancer/Syndrome in her presentation, "The Other Side of the Stethoscope". Nancy was generously supported by Ipsen.

Sara Faithful, Professor of Cancer Nursing Practice at the University of Surrey (UK), initially trained at the Royal Marsden in 1988 and is well known in oncology nursing circles. Sara's excellent presentation "Rehabilitation and Survivorship: What's in the Black Box" in the opening plenary highlighted the need to measure patient risk for distress and ways to support patients following cancer treatment. Sara guided us through "Managing Late Toxicities of Radiotherapy" and provided us with an "Evidence Base for Supporting Patients through Treatment and Beyond" in the last plenary session of Congress.

In addition to our overseas guest speakers there were eighteen Australian invited speakers including Professor Sanchia Aranda and Mr Keith Cox OAM.

The five Pre-Congress Workshops were well supported as were the three Breakfast Symposiums. Eighty six abstracts were received and an amazing sixty oral presentations were accepted and presented (almost 50% up on the previous year) with seventeen posters available for viewing by delegates.

2009 Winter Congress was an outstanding success attracting 298 delegates and producing a moderate surplus of \$11,468. Sponsorship was down on previous years and it was felt this was related to the impact the Global Financial Crisis was having on pharmaceutical companies.

The success of CNSA Winter Congress 2009 reflected the work and commitment of the Local Organising Committee ably chaired by Kim Adler and her team including Cath Johnson, Anne Mellon, Marion Oliver, Debra Cook, Sharon Williams, Narelle Catford, Deanne Johnson, Gail Walker, Lisa Bartley and Gillian Hall. The Winter Congress Planning and Development Committee members were Kim Adler (Chair, LOC), Gabrielle Prest (Chair, CNSA), Catherine Johnson (Treasurer) and Maryanne Hargraves (Chair). Our Conference Organisers Tour Hosts ensured the conference was well coordinated and choreographed.

The Congress Planning and Development Committee has selected Perth for Winter Congress 2010.

## Maryanne Hargraves, Chair, Congress Planning and Development Committee

## Australian Journal of Cancer Nursing Report

Two issues of the journal were published during the reporting period. Both were themed issues with clinical experts invited to author the papers. The August 2009 issue was on Lung Cancer and the December 2009 issue on Rare Cancers.

The editors are currently preparing two editions for 2010; one on Gynaecological Cancers and one on Radiation Therapy Nursing.

The Editorial Board has met with the Editors once by teleconference to plan future issues. Members of the Editorial Board are:

- Carol Cameron (WA)
- Louise Nicholson (Tas)
- Jenny O'Baugh (NSW)

The distribution and postage of the journal is now undertaken by the publisher, rather than the COSA office.

## Tish Lancaster and Mei Krishnasamy, Editors, Australian Journal of Cancer Nursing

## Review of CNSA Position Statement: "Minimum Education and Safety Requirements for Nurses Involved in the Administration of Cytotoxic Drugs" Report

2010 has seen the new and revised Position Statement on the Minimum Safety and Education Requirements for Nurses involved in the Administration of Cytotoxic Drugs.

The CNSA National Executive Committee came to the decision following advice from the CNSA Education Committee in 2010 that due to the large volume of information that is now available and the increased usage of monoclonal antibodies and targeted therapies within the practice setting in comparison to when the first position statement was written that two position statements would be written, one specific for minimal educational requirements and one for minimal safety requirements.

The CNSA National Executive Committee also made the decision that the Position Statements would be directed at both the oncology and non-oncology setting in order to support those nurses administering anticancer drugs in non traditional settings. The Position Statements, *Cancer Nurses Society of Australia Position Statement on the Minimum Education Requirements for Nurses involved in the Administration of Anti-Cancer Drugs within the Oncology and Non-Oncology Setting* and *Cancer Nurses Society of Australia Position Statement on the Minimum Safety Requirements for Nurses involved in the Administration of Anti-Cancer Drugs within the Oncology and Non-Oncology Setting* will be available at the 2010 Winter Congress meeting in Perth, Western Australia.

## Louise Nicholson, Chair, Clinical Practice Committee/NEC Representative (Tas)

## **Research Committee Report**

At the face to face meeting of the incoming and outgoing members of the CNSA National Executive Committee (NEC) in February 2010 a decision was made to form the CNSA Research Committee. This decision was in response to the increasing number of research projects (4 in the previous 12 months) being submitted, by both members and non members, to the Grants and Awards Committee for review. All were submitted asking for the opportunity to seek participation of the CNSA membership. Research proposals and surveys covered the areas of chemotherapy induced nausea and vomiting, clinical trials, prostate cancer and psychosocial care.

A call for expression of interest was made to the membership in the February 2010 newsletter. Four members responded and all were appointed to committee for a period of two years. The committee comprises Leanne Monterosso (WA), Chair, Alexandra McCarthy (Qld), Rosie Brown (Vic) and Pammie Ellem (Qld).

The work of this new committee will make an important contribution to achieving the strategic aims of CNSA and includes:

- Providing expert knowledge, advice and information relevant to cancer nursing research
- Advising the CNSA NEC on research matters as relevant to CNSA strategic priorities.

The newly formed Research Committee will work alongside the Grants and Awards Committee but with a research only focus. Moving forward it is hoped that this committee will drive CNSA developed projects. As Leanne Monterosso is taking on the role of Chair of the Research Committee, she has decided to resign from her position of Chair of the Grants and Awards Committee. Elisabeth Black will take up the Chair position for the Grants and Awards Committee in June 2010. Many thanks must go to both Leanne and Elisabeth for their willingness to lead these important activities.

## Donna Milne, Deputy Chair/NEC Representative (Vic)

## **Clinical Practice Committee Report**

At the Annual CNSA National Executive Committee meeting in February 2010, there was discussion regarding the development of a CNSA Clinical Practice Committee in response to the CNSA website increasingly receiving emails from cancer nurses across Australia requesting information in relation to oncology clinical practice related issues.

The National Executive Committee felt that a specific clinical practice committee could be the reference point to address these queries; Louise Nicholson nominated to be Chair of the committee with support from Tracey Doherty.

An expression of interest was advertised in the February 2010 edition of the CNSA News which only received one enquiry. Due to the lack of applications the CNSA National Executive Committee will discuss ongoing plans for this Committee at the CNSA Winter Congress in 2010.

Louise Nicholson, Chair, Clinical Practice Committee/NEC Representative (Tas)

5. To ensure the growth of the CNSA membership which will ensure it is able to continue to provide a range of valued services for cancer nurses.

## **Communications Report**

## CNSA Website (www.cnsa.org.au)

The year 2009-10 has demonstrated continual growth in the use of the CNSA website from previous years. From 2008-09 to 2009-10 there has been a 20% increase in the total number of daily hits and a 22% increase in the total number of hits received every month. Usage statistics demonstrate peaks at key time points in the CNSA calendar, such as call for abstracts for Winter Congress, membership renewal period and closing dates for CNSA grants and awards.

Summary of Hits 2009-10			Summary of Hits 2008-09		
Month	Daily Average	Monthly Total	Month	Daily Average	Monthly Total
May 10 (incomplete)	1576	17343	May 09 (incomplete)	1752	21024
Apr 10	1854	55644	Apr 09	1828	54855
Mar 10	1951	60492	Mar 09	1846	57247
Feb 10	1765	49431	Feb 09	1582	44321
Jan 10	1342	41602	Jan 09	1187	36816
Dec 09	1010	31321	Dec 08	829	25704
Nov 09	1100	33019	Nov 08	1027	30817
Oct09	1386	42969	Oct 08	1155	35820
Sep 09	1467	44039	Sept 08	1034	31046
Aug 09	1200	37219	Aug 08	988	30642
July 09	1480	45882	July 08	649	20149
June 09	1832	54977	June 08	1146	34409
TOTAL 09-10		513938	TOTAL 08-09		422850

Top 5 pages accessed per month include:

- CNSA Winter Congress
- Publications and Policies
- Grants and Scholarships
- Links
- Other Conferences

Top 5 documents downloaded from site:

- Cytotoxic Drugs and Related Waste: Risk Management Guide 2008
- Seroma Principles 2009
- Central Venous Access Devices: Principles for Nursing Practice and Education
- Writing research proposals
- CNSA News

Top 10 countries accessing site:

- Australia
- US Commercial
- New Zealand
- Russian Federation
- United Kingdom
- Canada
- Greece
- Israel
- India
- Malaysia

## Email Account info@cnsa.org.au

Enquiries through the CNSA email account peaked during the membership renewal period, as well as during Winter Congress registration period.

The provision of contemporary online services is a key challenge for the National Executive Committee. The potential for development of the CNSA website is a priority of the National Executive Committee, who will work towards improving its online services for members during the 2010-2011 period. Suggestions and preferences for website development will be sought through the Member's Survey to be administered in Spring, 2010.

## Anne Mellon, Website Coordinator/NEC Representative (NSW)

## The CNSA Newsletter

During the 2009 to 2010 reporting period, the CNSA News has been produced four times. The publications were delivered in July 2009, October 2009, February 2010 and May 2010. Responsibility for the collection of material and production of the newsletter is coordinated by Diane Hamer of Out of Site Services. Diane is assisted by a member of the CNSA National Executive Committee who acts in an advisory capacity and assists with final editing. For the period to December 2009 Julie Clowry held this position and Donna Milne has taken over the helm from January 2010.

Over the year the number of CNSA members opting to receive their publication via email continued to increase to a point where the decision was taken to provide delivery fully by electronic means. Remaining members receiving their newsletter via post were given the opportunity to provide details to facilitate electronic delivery. From May 2010 the newsletter was available in an electronic format only. To further alleviate non delivery issues such as SPAM and recipient rejection due to file size, further changes to process were introduced whereby members were provided with a link directly to the publication on the CNSA website. It is hoped this will also encourage members to further explore the website and so raise the profile of this equally important resource.

The newsletter remains a valued source of information for all CNSA members and it is with gratitude that articles are received for inclusion.

## Diane Hamer, Out of Site Services

Donna Milne, Newsletter Coordinator/Deputy Chair/NEC Representative (Vic)

## **Special Interest Groups (SIGS) Report**

The are two special interest groups (SIG) of the Cancer Nurses Society of Australia (CNSA), the Breast Care Nurse (BCN) SIG and the Radiation Oncology Nurses SIG (RONSIG).

## Breast Care Nurse Special Interest Group

The BCN SIG has 107 members comprising of nurses from all states and territories in Australia in addition to several members from NZ and Singapore.

January 2009 saw the handing over of the management committee of the BCN SIG to:

- Elisabeth Black (NSW) Chair
- Sarah Pratt (Vic) Deputy Chair
- Tracy Cosgrove (NSW) Membership
- Marion Strong (Qld) Special projects
- Judy lasiello (SA) Special projects
- Sally Timmins (rural Vic) Journal club
- Sholeh Boyle (WA) Special projects

The management committee aims to provide ongoing leadership and professional support to the SIG membership, encourage activities that will see the BCN SIG continue to grow, provide professional development opportunities to members and expertise to breast cancer initiatives at State, Territory and National level.

## SIG Activities for 2009/2010:

E-Journal club:

Sally Timmins coordinates the SIG journal club and circulates journal articles to SIG members. The club engages members in discussion of current practice initiatives and innovations relevant to diverse aspects of breast care nursing

- In 2008 the BCN SIG completed the Seroma Management Project, with the publication of "Principles of Nursing Practice in the Management of Post Surgical Seroma for Breast Cancer". Two years after its publication, the Seroma project group is now preparing to evaluate the impact of the document for its clinical usefulness and translation into practice.
- The BCN SIG AGM was held at the 2009 Winter Congress in Newcastle. A discussion took place to identify projects for 2009/10 and a decision was made to email expressions of interest to participate in project groups to SIG and CNSA members. As a result of this process, two projects groups were established. The groups are chaired by members of the SIG Executive. The following projects are now underway:
  - Development of Australian Clinical Practice Guidelines for breast care nurses
  - Workforce sustainability issues for breast care nurses.
- CNSA BCN SIG members are actively involved in working parties with the National Breast and Ovarian Cancer Centre. SIG members represent CNSA on a range of committees, including:
  - Post surgical care for women with early breast cancer
  - Exploring models of shared care for follow up after breast cancer
  - Sentinel Node Mapping and Biopsy
  - Rural Health Professional Advisory Network
  - Clinical practice guidelines for the management of early breast cancer in particular the use of bisphosphonates in early and advanced breast cancer
  - Clinical practice guidelines for the management of advanced breast cancer in particular the use of hypofractionated radiotherapy.
- BCN SIG members also support national research initiatives. Members participated in a survey of health professionals views of survivorship issues for breast cancer patients undertaken as part of a study conducted by Associate Professor Fran Boyle, Professor Phyllis Butow and Associate Professor Andrew Spillane (NSW): "Survivorship care in breast cancer: Views of health professionals' is part of a larger study called 'Life after breast cancer enhancing survivorship care" exploring follow-up after breast cancer.
- SIG members also represent CNSA on the Steering Committee of a large multi-centre trial looking at resources for women considering breast reconstruction as part of their treatment for breast cancer. The title of the study is "Development, implementation and piloting of an evaluation framework for a breast reconstruction information resource for women considering breast reconstruction following mastectomy". The study investigators are: Ms Olivia Hill, Professor Kate White, Professor Phyllis Buttow, Professor Christobel Saunders and Mr Tony Connell.

## Radiation Oncology Nurses Special Interest Group

Since the successful radiation oncology workshop held at Winter Congress in Newcastle in 2009, the RONSIG membership has grown to 30 nurses from across Australia, working in diverse settings.

As a result of discussion during the workshop, the members agreed to focus on two key projects for 2009-2010:

- In collaboration with the CNSA Education Committee, RONSIG has commenced working towards the development of national radiation oncology nursing competencies. The competency standards will be based on the EdCaN framework.
- RONSIG is also currently pursuing opportunities in national clinical practice development and research projects and will meet to identify possibilities for collaborative research at Winter Congress in Perth in 2010.

Mei Krishnasamy will step down as Chair of RONSIG at Winter Congress 2010 and will be succeeded by Pauline Rose from Queensland.

## Tracey Doherty, Special Interest Groups Coordinator/NEC Representative (SA)

## **Objective:**

6. To grow the capacity of CNSA to provide valuable services to members at the regional and rural level.

## **Regional Group Report**

CNSA Regional Groups are the backbone of CNSA, supporting members at a local level, providing networking and educational updates throughout the year, as well as participating in essential work with the National Executive Committee.

Currently there are six established CNSA Regional Groups, most of which have new committee members and/or new Chairs this year.

- Melbourne
- Hunter
- Adelaide
- Brisbane
- Sydney
- Perth

Groups have embraced a range of techniques to entice members to local events. Survey Monkey has been a useful tool to address member's educational needs and throughout the last year each group has brought a range of local events to their members, including seminars, workshops and dinner meetings.

Some of the topics presented at Regional Group education sessions, forums and workshops include:

- Ovarian Cancer Focus
- AYA and Germ Cell Cancer
- Haematology Advanced Practice Day
- Upper GI Cancer
- Ethical Dilemmas in Cancer and Palliative Care
- Lung Cancer
- Trophoblastic Tumours
- Advanced Squamous Cell Cancer of the Head and Neck
- Distress Related to Cancer
- Multiple Myeloma
- On Trac Management and Support of Adolescents
- Neuro-Endocrine Tumours
- The Impact of Breast Surgery on Women who are BRCA Carriers

CNSA Regional Groups have also worked with other organisations that embrace the values of CNSA to promote cancer nurse learning. These include:

- EdCaN Implementation Project Leadership Development Workshop for Nurses
- HSANZ Haematology Advanced Practice
- Cancer Councils
- Leukaemia Foundation

Regional member support has also been a focus with support for regional members to attend meetings as well as future plans for Regional Road Shows – we look forward to these new initiatives.

Communication with Regional Group Chairs has been challenging at times this year, with the face to face meeting at Newcastle well attended. Regular teleconferences with Regional Group Chairs are being trialled this year with the first taking place in early May 2010.

The National Executive Committee and all CNSA members around Australia would like to thank the outgoing Regional Chairs and Committees for their hard work at a local level and extend a warm welcome to new committee members. We look forward to new and exciting initiatives to support members and Regional Groups in the coming year.

## Sandy McKiernan, Regional Group Coordinator/NEC Representative (WA)

# The Cancer Nurses Society of Australia

Incorporated

ABN 98 781 699 178

Annual Financial Report for the year ended 31 March 2010

## The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) National Executive Committee's Report

Your National Executive Committee members submit their report on The Cancer Nurses Society of Australia Incorporated (the Society) for the year ended 31 March 2010.

#### **Committee Members**

The names of the Executive Committee members in office during or since the end of the year are:

Julie Clowry	Term Ended 31 December 2009
Catherine Johnson	Term Ended 31 December 2009
Mei Krishnasamy	Term Commenced 1 January 2010
,	5
Letitia Lancaster	Term Ended 1 January 2010
Louise Nicolson	Term renewed 1 January 2010
Megan Plaster	Term Ended 31 December 2009
Gabrielle Prest	Term as Chair Ended 31 December 2009 continuing ex-officio until 31 December 2010
Glennys Stallan	Term Ended 31 December 2009
Anne Mellon	Term Commenced 1 January 2010
Alexandra McCarthy	Term Commenced 1 January 2010
Sandy McKiernan	Term Commenced 1 January 2010
Tracey Doherty	Term Commenced 1 January 2010
Megan Nutt	Term Commenced 1 January 2010
Donna Milne	Term Commenced 1 January 2010

Unless indicated otherwise, all Committee members held their position throughout the entire year and up to the date of this report.

Committee members are appointed on an honorary basis and as a result do not receive any remuneration either directly or indirectly from the Society.

#### **Operating Result**

The surplus of the Society for the year ended 31 March 2010 amounted to \$5,352 (2009: surplus \$13,509).

#### **Principal Activities**

The principal activity of the Society during the year was to act as a resource to cancer nurses around Australia through the provision of services which aim to advance cancer nursing education, practice and research.

#### Significant Changes in the State of Affairs

There were no significant changes in the state of affairs of the Society during the year ended 31 March 2010

Signed in accordance with a resolution of the Executive Committee

MKtani

Mei Krishnasamy Chairperson

Sydney 21 June 2010

Megan Nutt Treasurer

## The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) Statement of Comprehensive Income for the year ended 31 March 2010

		2010	2009
	Notes	\$	\$
Revenues	4	87,042	105,131
Membership Subscriptions collected for COSA		77,273	70,836
Transfers to COSA		(77,273)	(70,836)
Grant expenses		(30,524)	(30,902)
Administration expenses		(28,075)	(34,804)
Newsletter expenses		0	(291)
Executive Committee Meeting expenses		(8,399)	(14,628)
Educational Committee Meeting expenses		0	(337)
Editorial Committee Meeting Expenses		(10,411)	(7,550)
Other expenses		(4,281)	(3,110)
Surplus for the year		5,352	13,509
Other Comprehensive Income		0	0
Total Comprehensive Income for the year		5,352	13,509

The accompanying notes form part of these financial statements

A Detailed Trading Profit and Loss Account, subject to the disclaimer on page 12, appears on page 13.

## The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) Statement of Financial Position As at 31 March 2010

	Note	<u>2010</u> \$	<u>2009</u> \$
ASSETS	NOLE	Ŷ	Ψ
Current Assets Cash & cash equivalents Trade & other receivables	5	531,405 211	562,773 3,852
Total Current Assets		531,616	566,625
Total Assets		531,616	566,625
LIABILITIES Current Liabilities			
Trade & other payables	7	75,864	116,225
Total Current Liabilities		75,864	116,225
Total Liabilities		75,864	116,225
Net Assets		455,752	450,400
EQUITY			
Retained surpluses		455,752	450,400
Total Equity		455,752	450,400

The accompanying notes form part of these financial statements

## The Cancer Nurses Society Incorporated (ABN 98 781 699 178) Statement of Changes in Equity For the year ended 31 March 2010

	<u>2010</u> \$	<u>2009</u> \$
Retained surpluses at the beginning of the year	450,400	436,891
Total comprehensive income for the year	5,352	13,509
Retained surpluses at the end of the year	455,752	450,400

The accompanying notes form part of these financial statements

## The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) Statement of Cash Flow For the year ended 31 March 2010

		2010	2009
	Note	\$	\$
<u>Cash flows from operating activities:</u> Receipts from subscriptions and donations (inclusive of GST) Payments to suppliers and employees (inclusive of GST) Interest received		158,245 (205,593) 15,980	162,913 (82,144) 28,067
Net cash provided by operating activities	9	(31,368)	108,836
Net increase in cash and cash equivalents held		(31,368)	108,836
Cash and cash equivalents at beginning of year		562,773	453,937
Cash and cash equivalents at end of year	5	531,405	562,773

The accompanying notes form part of these financial statements

## The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) Notes to the Financial Statements For the year ended 31 March 2010

#### Note 1. Statement of significant accounting policies

This financial report is a special purpose financial report prepared in order to satisfy the financial report preparation requirements of the Associations Incorporation Act 1999 (ACT). The Executive Committee members have determined that The Cancer Nurses Society of Australia (the "Society") Incorporated is not a reporting entity.

The Society is an incorporated association domiciled in Australia. All amounts are in Australian dollars.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Act 1999 (ACT) and the following applicable Accounting Standards and other professional reporting requirements in Australia:

AASB 101:	Presentation of Financial Statements
AASB 107:	Cash Flow Statements
AASB 108:	Accounting Policies, Changes in Accounting Estimates and Errors
AASB 110:	Events after Balance Sheet Date
AASB 1031:	Materiality

No other applicable Accounting Standards, Australian Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report has been prepared on an accruals basis (except as noted below) and is based on historical costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The financial report was authorised by the Executive Committee on 21 May 2010. The Society has the power to amend and reissue the financial report.

The following material accounting policies, which are consistent with the previous period, unless otherwise stated, have been adopted in the preparation of this report.

#### (a) Revenue recognition

#### (i) Donations

The Society, in common with most organisations dependent upon contributions, is unable to establish control over voluntary donations prior to their initial entry into the accounting records, therefore, they are recorded on the basis of cash received.

#### (ii) Member subscriptions

Member subscriptions are recorded on an accruals basis and apportioned across the calendar year of membership.

#### (iii) Grants and Bequests

The Society receives grants and bequests to fund certain activities. Where a grant or bequest is non reciprocal, it is recognised as revenue of the Society upon receipt. Associated expenditure for the completion of a grant or bequest is recorded as incurred. Where a grant or bequest is subject to a reciprocal transfer, a liability associated with the reciprocal transfer is recorded upon receipt of the transfer. No income is recorded for reciprocal transfers.

#### (iv) Net Congress Income

The Society contracts a professional Events Co-ordinator to manage the staging of the Annual Winter Congress including the receipt of revenue and payment of expenses in relation to the event. Documents detailing the income and expenses have been received from the Events Co-ordinator together with a reconciling statement. A review has been performed on the books and records of the Events Co-ordinator to determine the completeness of the statements received. Revenues and expenses associated with the Congress are recognised through the Income Statement in the year the Congress is conducted.

Net congress income is calculated as the excess of revenue in relation to the Annual Congress less the expenses associated with the Congress.

#### (b) Income Tax

The Society is exempt from the payment of income tax pursuant to Section 50-5 of the Income Tax Assessment Act (1997).

#### (c) Cash and Cash Equivalents

Cash and cash equivalents comprise cash on hand, cash at bank, at call deposits and bank bills maturing within 90 days.

#### (d) Income in Advance

Income in Advance includes member subscriptions which have been received for the 2009/2010 membership year and bequests (Refer to Note 1 (a) (iii) ).

#### (e) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office. In these circumstances, the GST is recognised as part of the cost of acquisition of the asset or as part of an item of expense.

Receivables and payables in the balance sheet are shown inclusive of GST. Cash flows are presented in the cash flow statement on a gross basis, except for the GST component of investing and financing activities, which are disclosed as operating cash flows.

#### (f) Comparative figures

Comparative figures have been adjusted to conform to changes in presentation for the current year where required by accounting standards or as a result of changes in accounting policy.

#### Note 2. Nature and objects of the Society

The Society is an association incorporated under the Associations Incorporation Ordinance (ACT) 1953, now the Associations Incorporation Act 1991. Its object is to determine and regulate professional standards and competencies for cancer nursing practice and education, facilitate research and standards in the area of cancer nursing, act as a resource for the development and dissemination of information relating to new technologies in cancer nursing, ensure that cancer nurses' perspectives are evident in national professional nursing debates, actively lobby government on issues relevant to cancer nursing and collaborate locally, nationally and internationally with other organisations involved in the development and provision of services to people with cancer.

In the event of the Society being wound up, the members undertake to contribute to the assets an amount not exceeding the ordinary membership fee of the Society.

There were 691 members of the Society at 31 March 2010 (2009:638).

#### Note 3. Economic dependence

The ability of the Society to maintain its operations is dependent inter alia on continuing support of its members by way of voluntary subscriptions.

	2010	2009
Note 4. Revenues	\$	\$
Surplus has been determined after the following:		
Specific Revenue		
Subscription income	44,773	40,909
Educations materials	400	928
Donation General	12,000	0
Net income from Winter Congress	13,626	34,834
Interest income	15,980	28,067
Other	263	393
	87,042	105,131
Membership subscriptions collected and forwarded to COSA	77,273	70,836

#### The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) Notes to the Financial Statements for the year ended 31 March 2010 (cont'd)

Note 5. Cash & Cash Equivalents	<u>2010</u> \$	<u>2009</u> \$
	·	·
Current Cash at bank	531,405	562,773
	531,405	562,773
Note 6. Trade & Other Receivables		
Current		
Other amounts receivable	211	3,852
	211	3,852
Note 7. Trade & Other Payables		
Current Sundry Creditors	11,088	42,742
Membership subscriptions in advance Bequests in advance	26,777 38,000	23,483 50,000
	75,864	116,225
Note 8. Events subsequent to reporting date		
There have been no events subsequent to year end that have affected or may affect the financial statements as at 31 March 2010		
Note 9. Reconciliation of cash flows from operating activities with surplus for the year		
Total Comprehensive Income for the Year	5,352	13,509
Changes in assets and liabilities:		
Decrease/(increase) in trade & other receivables Decrease/(increase) in other current assets	3,640 0	323 10,000
(Decrease)/increase in trade & other payables	(40,360)	85,004
Cash flows from operating activities	(31,368)	108,836
Note 10. Remuneration of the Auditor		
During the year, the following fees were paid or payable for services provided by the Auditor to the Society:		
Audit and review of Financial Report	2,015	1,915
Note 11. Society details		
The registered office of the society is: 35 Degraves Crescent Wanniassa ACT 2903 Australia		
The principal place of business of the Society:		
Level 1, 120 Chalmers Street Surry Hills NSW 2010 Australia		
The association operates entirely in Australia as a voluntary cancer organ	nisation.	

## The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) Executive Committee's Declaration

The Executive Committee has determined that the Society is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Executive Committee, the financial report set out on pages 2 to 8:

- 1 Present a true and fair view of the financial position of the Society as at 31 March 2010 and of its performance for the year ended on that date.
- 2 At the date of the statement, there are reasonable grounds to believe that the Society will be able to pay its debts as and when they become due.

This declaration is made in accordance with a resolution of the Executive Committee.

Mitane

Mei Krishnasamy Chairperson

Sydney 21 June 2010

Megan Nutt Treasurer



Chartered Accountants & Business Advisers

#### INDEPENDENT AUDITOR'S REPORT

To the members of The Cancer Nurses Society of Australia Incorporated

#### **Report on the Financial Report**

We have audited the accompanying financial report, being a special purpose financial report, of The Cancer Nurses Society of Australia Incorporated ("the Society"), which comprises the statement of financial position as at 31 March 2010, and the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, a summary of significant accounting policies, other explanatory notes and the executive committee's declaration.

The executive committee of the Society are responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the financial reporting requirements of the *Associations Incorporation Act 1999 (ACT)* and are appropriate to meet the needs of the members. The executive committee's responsibility also includes establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

#### Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the executive committee, as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the executive committee's financial reporting under the *Associations Incorporation Act 1999 (ACT)*. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

Tel: 61 2 9251 4100 | Fax: 61 2 9240 9821 | www.pkf.com.au PKF | ABN 83 236 985 726 Level 10, 1 Margaret Street | Sydney | New South Wales 2000 | Australia DX 10173 | Sydney Stock Exchange | New South Wales

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We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Independence

In conducting our audit, we have complied with the independence requirements of the Australian professional accounting bodies.

#### Auditor's Opinion

In our opinion, the financial report gives a true and fair view of the financial position of The Cancer Nurses Society of Australia Incorporated as of 31 March 2010 and of its financial performance and its cash flows for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements.

K PKF Paul Bull Partner Sydney 21 June 2010

#### Disclaimer

The additional financial data as presented in the detailed trading profit and loss account is in accordance with the books and records of The Cancer Nurses Society of Australia Incorporated (the Society), that have been subjected to the audit procedures applied in the audit for the year ended 31 March 2010. It will be appreciated that our audit did not cover all details of the additional financial data. Accordingly, we do not express an opinion on such data and no warranty is given to its accuracy or reliability. Neither the firm, nor any member or employee of the firm undertakes responsibility in any way whatsoever to any person other that the Society in respect of such data including any errors or omissions however caused.

PKF Sydney 21 June 2010

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## The Cancer Nurses Society of Australia Incorporated (ABN 98 781 699 178) Detailed Trading Profit and Loss Account For the year ended 31 March 2010

\$\$Income44,77340,90Subscription Income44,77340,90Donations - General12,00012,000Education Materials: - CVAD Guidelines40092- CVAD Guidelines40092Annual Winter Congress: - Net Congress Income13,62634,83Income collected for COSA77,27370,83Interest income15,98028,06Other26339Total Income164,315175,96
Subscription Income44,77340,90Donations - General12,000Education Materials: - CVAD Guidelines40092Annual Winter Congress: - Net Congress Income13,62634,83Income collected for COSA77,27370,83Interest income15,98028,06Other26339
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Annual Winter Congress:- Net Congress Income13,62634,83Income collected for COSA77,27370,83Interest income15,98028,06Other26339
- Net Congress Income 13,626 34,83 Income collected for COSA 77,273 70,83 Interest income 15,980 28,06 Other 263 39
Income collected for COSA 77,273 70,83 Interest income 15,980 28,06 Other 263 39
Interest income 15,980 28,06 Other 263 39
Total Income 164,315 175,96
Expenditure
Administrative costs: Audit Fees 2,015 1,91
Bank Charges 756 1,15
Distribution to COSA 77,273 70,83
Filing Fees 33 3
Admin Assistance 14,338 25,81
Postage, Packaging & Freight 1,324 2,12
Printing 2,451 2,20
Storage Fees27419Sundry Expenses019
Sundry Expenses 0 19 Insurance 5,520
Telephone 208 22
Website 1,156 95
Total administrative costs 105,348 105,64
Educational Materials 1,328 90
Promotional Resources/Products 1,952 20
National Nurses Organisation 20 8
Newsletter 0 29
Regional Group Meeting 0
Executive Committee Meetings8,39914,62Extraordinary Meeting82754
Special Projects 86 1,36
Special Interest groups 68
Educational Committee 0 33
Editorial Committee 10,411 7,55
ISNCC Grant 165 4,75
Other Grants 30,359 26,14
Total expenditure 158,963 162,45
Operating Surplus 5,35213,50

# The Cancer Nurses Society of Australia Incorporated:

GPO Box 4708 Sydney 2001, NSW ABN 98781 699178

Website: www.cnsa.org.au

Contact: info@cnsa.org.au